

## 12/23/22 ADVISORY SUMMARY:

DOH has switched from following Healthcare Precautions to more of the General Public Precautions – So the recommendations apply to staff and residents.

- I. Masking: ACF Personnel and Visitors MUST adhere to the requirements as outlined in the 9-7-22 Commissioner’s Determination on Masking in Certain Indoor Settings.

<https://coronavirus.health.ny.gov/system/files/documents/2022/09/2.60-determination-9.7.22.pdf>

- II. Exposure:

- a. Definition\*: Considered a close contact if you were less than 6 feet away from someone with COVID for a cumulative of 15 minutes or more over a 24 hour period, regardless of face masks or any other PPE worn by the contact or the person with COVID. ACFs are to consider the time spent with someone starting 2 days before the person had symptoms or tested positive.

- b. HYPERLINK to “WHAT TO DO IF YOU WERE EXPOSED TO COVID 19”

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html>

- i. Asymptomatic:

1. No Work Restriction for staff
2. Wear a mask (preferably an N95)
3. Continue Precautions for 10 days
4. Day 6 – Get Tested – However for staff this would mean being tested repeatedly each time they are exposed, so it may not be feasible, so best practice would be to watch for symptoms and continue daily screening and precautions such as N95.

- ii. Symptomatic:

1. Isolate

## 2. Get Tested

### III. COVID Positive:

HYPERLINK: “ISOLATION AND PRECAUTIONS FOR PEOPLE WITH COVID19”

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>

#### a. Asymptomatic – and remain asymptomatic

- i. Isolate for 5 days
- ii. Wear an N95 mask
- iii. You do not need to test to end your isolation!
- iv. If you develop symptoms within 10 days of testing positive, the clock restarts to 0 on day of symptom onset.

#### b. Symptomatic

- i. isolate for 5 days
- ii. Symptoms Improving and fever free for 24 hours without fever-reducing medications - End Isolation.
- iii. Symptoms not improving - Continue isolation until fever free for 24 hours without fever-reducing medications and symptoms are improving
  1. If you are moderately ill during your covid (SOB or difficulty breathing) isolate for 10 days
  2. if severely ill (hospitalized) isolate for 10 days and consult your physician.
- iv. You do NOT need to test to end your isolation!

### IV. CONTACT YOUR LOCAL HEALTH DEPARTMENT